

pomoc i wsparcie
پشتیبانی کمک و
帮助和支持
допомога та підтримка

NEWTON HEATH, MOSTON, & HARPURHEY

مدد اور حمایت
Help + support
এবং সহযোগিতা
ਮਦਦ ਅਤੇ ਸਹਾਇਤਾ
مساعدة ودعم

Advice + Benefits

সুবিধা - รัฐบาล - مشاوره و مزایای دولت - porady i świadczenia rządowe - 建议和政府福利 -
поради та державні пільги -

Gateway M40

Wilsons Park, Collyhurst, M40 8WN
0161 202 3511 - info@gatewaym40.org

Citizens Advice Manchester

Free Adviceline: 0808 278 7800
Free Energy Advice: 0808 164 4406

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الإسكان مسكن - Mieszkania - житло - 住房

Shelter

0808 8004444

https://england.shelter.org.uk/get_help/webchat

Immigration

ایمگریشن - Իմիգրանտ - 移民 -

অিভবাসন - مهاجرت - الهجرة - imigracja - мм грац я

Greater Manchester Immigration Aid Unit

0161 740 7722 - info@gmiau.org

Food

طعام - غذا - خاد - ڄائو - ڪهانا
Żywność - харчування - 食物

Contact by phone, online, email for referrals

Feed My City

feedmycity.org/request-a-food-parcel/ 0300
365 3101

HumansMCR

www.humansmcr.org - info@humansmcr.org
150 Rochdale Road, M9 6FQ

Harpurhey Community Grocer

Harpurhey Community Church, Nelson Street, M9 5UX
0161 205 6662 - harpurhey@communitygrocery.org.uk

Cancer Care Diaspora

North City Family & Fitness Centre (M9 5DA)
or Simpson Memorial Hall (M40 9NB)
07885732781 / info@cancercarediaspora.org



Cheetham Hill Advice Centre

1 Morrowfield Avenue, M8 9AR
07918 740 8999 - triage@cheethamadvice.org.uk

North Manchester Community Partnership

Simpson Memorial Hall, M40 9NB (Monday, Tuesday
Wednesday) or Newton Heath Library, M40 2JF
(1:00pm-3:00pm)
07712 633 653 - hello@nmcp.org.uk

Community Cafes & Hubs

NEPHRA Good Neighbours

27 Parkfield Road N, New Moston, M40 3TB
07716 316026 - office.nephra@gmail.com

No. 93 Wellbeing Centre

93 Church Lane, Harpurhey, M9 5BG
0161 834 9468
Monday-Friday, 10am-3pm
Drop-in community session

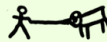


Wellspring Community Church

Brendon Avenue, Moston, M40 9DN
0161 219 1284

Manchester Central Foodbank

Referral Required - 07928 412339
info@manchestercentral.foodbank.org.uk



African Voice in Moston

54 Kilinside Drive, Harpurhey, M9 5QP
07440 775115 africanvoiceinmoston@yahoo.com

North Manchester Community Kindness

Heathfield Hall, Heathfield Street, M40 1LF
julesmariesamson@googlemail.com - 07824 808132